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A Message from the Program Director

The year 2016 marks a great milestone for the Program in Health Disparities Research (PHDR). This year, the program celebrates 10 years as a committed leader in advancing health equity in the communities we serve. In fact, we had several things to celebrate for the year.

The Medical School’s Program in Health Disparities Research, Center for Health Equity, and Minnesota Center for Cancer Collaborations successfully hosted the 2016 Promoting Health Equity Conference from May 5-7, focusing on building and showcasing partnerships, research, programs, and policies to promote health equity across the region. The planning committee designed the conference to showcase programs and research addressing key health equity areas, develop synergy across health equity efforts, and promote partnerships to generate community-oriented health equity solutions. During the conference, I was honored to be named as the inaugural recipient of the recently established an Endowed Chair for Health Equity Research in the Department of Family Medicine and Community Health. This is a testament to the great work our faculty, staff, trainees, and community partners do day in and day out.

2016 also saw the start of an NIH-funded T32 fellowship program between the Medical School and the School of Public Health. It is a program will enhance the diversity of the research workforce by specifically recruiting individuals from underrepresented/underresourced populations who are interested in community-engaged research.

One of our faculty members, Dr. Michele Allen, worked in combination with our advisory board and SoLaHmo to establish a community-based participatory action research partnership protocol (CBPAR) Gold Standard document. This document works to ensure strong and healthy collaborations between the University and community partners. PHDR values community engagement and partnerships immensely and we are proud to have contributed to this document.

We look forward to 2017 and the continued success of the program’s initiatives.

Warm regards,

Kola Okuyemi, MD, MPH
Director, Program in Health Disparities Research

Kola Okuyemi, MD, MPH
Director, Program in Health Disparities Research
PHDR Advisory Board

Bilal Alkatout
Bush Foundation

Maria Arboleda
Community Member

Sue Everson-Rose
University of Minnesota

Sida Ly-Xiong
Minnesota Department of Health

Kola Okuyemi
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Antonia Wilcoxon
Department of Human Services

Michele Allen
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Southside Community Health Service

Tamiko Ralston
Ramsey County

Kari Umanzor
Graduate Student
PHDR Research Members

A

Khalid Adam
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Huda Ahmed, MS
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Emelyn Alejandro, PhD
Integrative Biology and Physiology, University of Minnesota

James Allen, PhD
Biobehavioral Health and Population Sciences, University of Minnesota, Duluth

Michele Allen, MD, MS
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Elizabeth Allen, PhD, MPH
St. Catherine University

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Children’s Defense Fund-Minnesota

Hawan Belete
Medical School Student, University of Minnesota

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State Public Programs, Medica

Jill Bengston, MHA
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Ernesto Bogarin Miranda, MS
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Minneapolis VA Healthcare System

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Melissa Conway
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Colleen Doyle
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Vandon Duong
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LynAnne Evenson, BA, MS
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Susan Everson-Rose, PhD, MPH
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Huda Farah, MS
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Community Member

Miguel Fiol, MD
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Jean Forster, PhD, MPH
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Medicine, University of Minnesota

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College of Pharmacy, University of Minnesota

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Minnesota Department of Health, Physicians for Social Responsibility

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Susan Gust  
Community Member

Rodolfo Gutierrez, PhD  
Hispanic Advocacy and Community Empowerment through Research

Patrick Hammett, MA  
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Nonye Harcourt, MPH  
Community Member

Rachel Hardeman, PhD, MPH  
Division of Health Policy and Management, School of Public Health, University of Minnesota

Carrie Henning-Smith, PhD, MPH, MSW  
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Joel Hetler, PhD  
Psychiatry, University of Minnesota

Kyle Hill  
University of Minnesota

Rachelle Hill, PhD  
Minnesota Population Center, University of Minnesota

Heather Hirsch, MPH  
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Megan Hoffman, MA  
Clinical and Translational Science Institute, Center for Health Equity, University of Minnesota

Ora Hokes  
Community Member

Wilhelmina Holder, MD CM, DTPH, MS  
Women’s Initiative for Self Employment

Bushra Hossain  
University of Minnesota

Jacqueline Huber  
Family Medicine and Community Health, University of Minnesota

G. Ali Hurtado  
University of Maryland

Sulekha Ibrahim  
Undergraduate, University of Minnesota

Jed Ig-Izevbekhai  
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Jasmine Leonard, MPH
Community Member

Cathy Jordan, PhD
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Insightformation, Inc.

Anne Joseph, MD, MPH
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Medical School, Duluth

Zahra Mahamed
Community Member

Steve Mandieka, DNP
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Barbara McMorris, PhD
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Minnesota Department of Health

 Txt Members

Jonathan Kirsch, MD
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Carla Kohler, BA
CLUES

L

Carla Kohler, BA
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Children’s Hospitals and Clinics of Minnesota

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Hennepin County Medical Center

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AshaUSA

R

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Hennepin County Medical Center

Sandra Rivera  
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General Internal Medicine, University of Minnesota

Lisa Rogers, PhD  
Surgery, University of Minnesota

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International Relations, Endocrinology and Diabetes

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Academic Health Center Office of Education, University of Minnesota
Barrett Sewali, MBChB  
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Amy Shanafelt, MA  
Clinical and Translational Science Institute, University of Minnesota

Abudulkadir Shire  
Primary Dental Care Clinic, University of Minnesota

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Victor Sodeinde  
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University of Hawaii

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Diabetes and Chronic Disease, Center for Health Promotion, Minnesota Department of Health

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Counseling Psychology, African Health Action

Whitney Terrill  
Community Member

Jamila Thomas  
Community Member

Janet Thomas, PhD, LP  
General Internal Medicine, University of Minnesota

Randi Thompson  
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Chelsey Thul, PhD  
General Pediatrics, University of Minnesota

Laverne Turner  
Community Member

Katherine Vickery, MD, MSc  
General Internal Medicine, University of Minnesota

Denise Widenburg, MHA  
Family Medicine and Community Health (FOD), University of Minnesota

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Epidemiology and Community Health, School of Public Health, University of Minnesota

Terra Wiens, MPH  
Minnesota Department of Health

Erin Wilkins, MA  
Family Tree Clinic

Lindsey Williams  
LifeSource

Ma Xiong  
Community Member

Mary Yamashita, MD  
Community Member

Katherine Young, MPH, RD  
Family Medicine and Community Health, University of Minnesota

Roman Youseef, PharmD  
College of Pharmacy, University of Minnesota

Xiaohuii Yu  
University of Minnesota

Anteneh Zwede  
Community Member
Research

Publications

Abi Abu-Bakr

Michele Allen

Caitlin Caspi
1. Barnes T, Pelletier J, Erickson DJ, **Caspi CE**, Harnack L, Laska MN. *Marketing of foods in and around small food stores. Preventing Chronic Disease*. (Accepted 9/12/16).
Caitlin Caspi, continued


Brooke Cunningham


Sue Everson-Rose


Enyinnaya Merengwa


Enyinnaya Merengwa, continued


Marilyn “Susie” Nanney


Marilyn “Susie” Nanney, continued


Olamide Ojo-Fati


Kola Okuyemi


Rebekah Pratt

Charles Rogers

Elizabeth Rogers

Janet Thomas
Grants

Tiffany Beckman: Northeast Regional Satellite Center Principal Investigator
Dedra Buchwald: Principal Investigator
Dates: 09/2016 - 07/2021
Funding Institution: NIMHD Transdisciplinary Collaborative Centers for Health Disparities Research on Chronic Disease Prevention Consortium Core
Grant Title: Native-Controlling Hypertension and Risk Through Technology (Native-CHART)
Amount: $10,107,988

Tiffany Beckman: Northeast Regional Satellite Center Principal Investigator
Spero Manson: Principal Investigator
Dates: 09/2016 - 07/2021
Funding Institution: NIDDK Centers for Diabetes Translation Research
Grant Title: Center for American Indian and Alaska Native Diabetes Translation Research
Amount: $3,343,820

Jerica Berge: Principal Investigator
Dates: 01/2016 - 12/2018
Funding Institution: National Institute of Child Health and Human Development and National Institute of Health
Grant Title: The Association Between Family Meals and Child Health and Well-Being
Amount: $100,000

Diana Burgess: Principal Investigator
Dates: 2016
Funding Institution: Veterans Affairs Health Service Research and Development Locally Initiated Project
Grant Title: A Pilot Study to Understand How to Best Introduce Mindfulness Practice into a VA Primary Care Setting
Amount: $18,901

Caitlin Caspi: Principal Investigator
Dates: 10/2016 - 09/2017
Funding Institution: Duke-UNC Behavioral Economics Center for Research
Grant Title: A Behavioral Economics Approach to Improving the Selection of Healthy Food Among Food Pantry Clients
Amount: $50,000

Caitlin Capsi: Principal Investigator
Dates: 02/2016 - 02/2017
Funding Institution: The Food Group
Grant Title: Measuring the Healthfulness of Foods across the Hunger Relief Industry
Amount: $66,000
Caitlin Caspi: Co-Principal Investigator  
Gretchen Cutler: Co-Principal Investigator  
Dates: 07/2016 - 06/2018  
Funding Institution: CTSI/Child Health Collaborative Grant Award  
Grant Title: Evaluating an EMR-based Process to Identify Food Insecurity Among Pediatric Emergency Department Patients and Improve Connection to Community Services  
Amount: $200,000

Milton “Mickey” Eder: Co-Investigator  
Kevin Peterson: Co-Principal Investigator  
Caroline Carlin: Co-Principal Investigator  
Dates: 08/2016 - 05/2021  
Funding Institution: National Institute of Diabetes and Digestive And Kidney Diseases  
Grant Title: Identifying Primary Care Practice Components Leading to Optimal Diabetes Care in Patient-Centered Medical Homes  
Amount: $2,910,390

Sue Everson-Rose: Principal Investigator  
Dates: 01/2016 - 06/2017  
Funding Institution: UMN Office of the Vice President for Research Grant-in-Aid Research, Artistry and Scholarship Program  
Grant Title: Mindfulness Based Stress Reduction as an Adjunct Intervention to Cardiac Rehabilitation: A Pilot Study  
Amount: $47,940

Rachel Hardeman: Principal Investigator  
Dates: 09/2016 - 04/2019  
Funding Institution: Robert Wood Johnson Foundation  
Grant Title: Improving Equity in Birth Outcomes, a Community-Based, Culturally-Centered Approach  
Amount: $200,000

Rachel Hardeman: Principal Investigator  
Dates: 06/2016 - 12/2019  
Funding Institution: National Heart, Lung, and Blood Institute and National Institute of Health  
Grant Title: Diversity Supplement (IRS) The Impact of Residency Factors on Racial, Size, and LGBT Bias in Physician Trainee  
Amount: $300,000
Carrie Henning-Smith: Co-Investigator
Ira Moscovice: Principal Investigator
Michelle Casey: Co-Investigator
Katy Kozhimannil: Co-Investigator
Dates: 09/2016 - 08/2017
Funding Institution: Health Resources and Services Administration
Grant Title: Rural Health Research Grant Program Cooperative Agreement
Amount: $700,000

Deb Hennrickus: Co-Principal Investigator
Rachel Windom: Co-Principal Investigator
Dates: 10/2016 - 03/2016
Funding Institution: Clearway Minnesota
Grant Title: Dissemination Award for: Impact of Smoke-Free Policy Implementation in Public Housing Buildings
Amount: $9,014

Kola Okuyemi: Principal Investigator
Sue Everson-Rose: Core Faculty
Dates: 09/2016 - 08/2021
Funding Institution: National Institute of Health and National Cancer Institute
Grant Title: Cancer Related Health Disparities Training Program
Amount: $1,500,000

Elizabeth Rogers: Principal Investigator
Dates: 06/2016 - 05/2019
Funding Institution: UMN CTSI Institutional Career Development Award
Grant Title: Factors Affecting Safety-Net Medical Home Care Quality for Patients with Comorbid Diabetes
Amount: $410,652

Elizabeth Rogers: Co-Principal Investigator
Taj Mustapha: Co-Principal Investigator
Dates: 01/2016-12/2016
Funding Institution: UMN General Internal Medicine Pilot Grant
Grant Title: Gender Matters: Promoting Equity Through Improved Resident Communication, Leadership, and Negotiation
Amount: $9,982

Jamie Stang: Principal Investigator
Dates: 07/2016 - 06/2017
Funding Institution: USDA Food and Nutrition Service
Grant Title: National Maternal and Infant Nutrition Course Planning Grant
Amount: $35,679
Jamie Stang: Co-Principal Investigator  
Beth Lewis: Principal Investigator  
Dates: 04/2016 - 03/2019  
Funding Institution: Health Resources and Services Administration and The Maternal and Child Health Bureau  
Grant Title: Effect of Exercise on Postpartum Depression  
Amount: $898,968

Chelsey Thul: Co-Principal Investigator  
Elizabeth Bye: Co-Principal Investigator  
Jennifer Weber: Co-Principal Investigator  
Mary Marczak: Co-Principal Investigator  
Dates: 07/2016 - 06/2018  
Funding Institution: University of Minnesota  
Grant Title: Impact of an East African Mother-Daughter Physical Activity Program and Co-Designed Activewear  
Amount: $75,000

Kate Diaz Vickery: Principal Investigator  
Dates: 05/2016 - 05/2017  
Funding Institution: Patient Centered Outcomes Research Institute  
Grant Title: Engaging the Patient Voice in the Delivery of Accountable Care in Medicaid  
Amount: $25,000

Kate Diaz Vickery: Principal Investigator  
Dates: 05/2016 - 05/2018  
Funding Institution: Robert Wood Johnson Foundation  
Grant Title: The Experience of Safety-Net Primary Care Providers, Staff, and Patients in Payment Reform  
Amount: $222,084

Rachel Windom: Principal Investigator  
Dates: 02/2016 - 02/2020  
Funding Institution: National Institute of Child Health and Human Development and National Institute of Health  
Grant Title: Impacts of Later High School Start Times on Adolescent Weight and Weight-related Behavior  
Amount: $2.2 M

Rachel Windom: Principal Investigator  
Dates: 06/2016 - 05/2018  
Funding Institution: Clearway Minnesota  
Grant Title: Impacts of Commercial Tobacco Marketing on American Indian Reservations  
Amount: $125,000
The Health Disparities and Cancer Research Summer Undergraduate Internship includes hands-on experience in research addressing health disparities and cancer. Interns are matched with and supervised by experienced faculty mentors conducting research at the Program in Health Disparities Research and the Masonic Cancer Center.

<table>
<thead>
<tr>
<th>Intern/School</th>
<th>Mentor/MN Dept or Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nitya Chandiramani</td>
<td>Sue Everson-Rose</td>
</tr>
<tr>
<td>University of Minnesota</td>
<td>General Medicine</td>
</tr>
<tr>
<td>Prashasti Bhatnagar</td>
<td>Janet Thomas</td>
</tr>
<tr>
<td>University of Minnesota</td>
<td>General Medicine</td>
</tr>
<tr>
<td>Bin Huang</td>
<td>Kola Okuyemi</td>
</tr>
<tr>
<td>University of Minnesota</td>
<td>Family Medicine and Community Health</td>
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<tr>
<td>Musse Hussein</td>
<td>Badrinath Konety</td>
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<tr>
<td>University of Minnesota</td>
<td>Urology</td>
</tr>
<tr>
<td>Koushik Paul</td>
<td>Badrinath Konety</td>
</tr>
<tr>
<td>University of Minnesota</td>
<td>Urology</td>
</tr>
<tr>
<td>Kaylee Shiao</td>
<td>Douglas Yee</td>
</tr>
<tr>
<td>Carleton College</td>
<td>Masonic Cancer Center</td>
</tr>
<tr>
<td>Sey Lee</td>
<td>Rebecca Pratt</td>
</tr>
<tr>
<td>University of Minnesota</td>
<td>Family Medicine and Community Health</td>
</tr>
<tr>
<td>Symone McClain</td>
<td>Caitlin Caspi</td>
</tr>
<tr>
<td>University of Minnesota</td>
<td>Family Medicine and Community Health</td>
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<tr>
<td>Micah Ombeo</td>
<td>Kola Okuyemi</td>
</tr>
<tr>
<td>University of Wisconsin-River</td>
<td>Family Medicine and Community Health</td>
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<td>Falls</td>
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</tr>
</tbody>
</table>
Health Equity Leadership and Mentoring

Effective mentoring is one of the most critical components of a successful academic career. The University of Minnesota Medical School’s Program in Health Disparities Research has organizes and hosts a mentoring program, Health Equity Leadership and Mentoring (HELM), that is designed to enhance the academic excellence and leadership capacity of diverse faculty and health disparities researchers at the University of Minnesota and ultimately reduce health inequities. HELM focuses on some of the challenges that trainees from minority and underserved groups and other faculty whose research is addressing health equity may face. Our 2015-2016 HELM group has ended and we now welcome our new Mentors and Mentees for the 2016-2017 academic year.

Mentors:

<table>
<thead>
<tr>
<th>Name</th>
<th>Affiliation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Michele Allen, MD, MS</td>
<td>Family Medicine and Community Health</td>
</tr>
<tr>
<td>Diana Burgess, PhD</td>
<td>School of Medicine, VA</td>
</tr>
<tr>
<td>Kathleen Call, PhD</td>
<td>School of Public Health, Health Policy and Management</td>
</tr>
<tr>
<td>Esam El-Fakahany, PhD, MS</td>
<td>Experimental and Clinical Pharmacology</td>
</tr>
<tr>
<td>Steve Fu, MD</td>
<td>School of Medicine, VA</td>
</tr>
<tr>
<td>Rhonda Jones-Webb, DrPH, MSPH, MA</td>
<td>School of Public Health, Epidemiology, and Community Health</td>
</tr>
<tr>
<td>Cathy Jordan, MD, LP</td>
<td>Pediatrics, General Pediatrics and Adolescent Health</td>
</tr>
<tr>
<td>Hee yun Lee, PhD, MSW, MSF, MA</td>
<td>CEHD School of Social Work</td>
</tr>
<tr>
<td>Theresa Osypuk, SD, SM</td>
<td>Epidemiology and Community Health</td>
</tr>
<tr>
<td>Teddie Potter, PhD, MS, RN, FAAN</td>
<td>Nursing</td>
</tr>
<tr>
<td>Betsey Seaquist, MD</td>
<td>Medicine</td>
</tr>
<tr>
<td>Anne Marie, PhD</td>
<td>Medicine</td>
</tr>
<tr>
<td>Kola Okuyemi, MD, MPH</td>
<td>Family Medicine and Community Health, PHDR</td>
</tr>
<tr>
<td>Sue Everson-Rose, PhD, MPH</td>
<td>Medicine</td>
</tr>
</tbody>
</table>

Mentees:

<table>
<thead>
<tr>
<th>Name</th>
<th>Affiliation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Emilyn Alejandro, PhD</td>
<td>Integrative Biology and Physiology</td>
</tr>
<tr>
<td>Sarah Beehler, PhD</td>
<td>Biobehavioral Health and Population Sciences</td>
</tr>
<tr>
<td>Laurel Davis, PhD</td>
<td>Pediatrics/Adolescent Health</td>
</tr>
<tr>
<td>Jennifer Doty, PhD</td>
<td>Pediatrics, Division of General Pediatrics and Adolescent Health</td>
</tr>
<tr>
<td>Nasra Giama, DNP, RN, PHN</td>
<td>School of Nursing/Population Health and Systems</td>
</tr>
<tr>
<td>Carrie Henning-Smith, PhD, MPH, MSW</td>
<td>Rural Health Research Center, Division of Health Policy and Management; School of Social Work</td>
</tr>
</tbody>
</table>
**Health Equity Leadership and Mentoring, continued**

**Mentees:**

<table>
<thead>
<tr>
<th>Name</th>
<th>Affiliation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Romina Madrid Miranda, PhD</td>
<td>Center for Applied Research and Educational Improvement</td>
</tr>
<tr>
<td>Muhanad Mohamed, MD, MBBS</td>
<td>Medicine / Infectious Diseases</td>
</tr>
<tr>
<td>Maria Alexandra Ordonez, MD</td>
<td>Urology</td>
</tr>
<tr>
<td>Laura Pigozzi, PhD</td>
<td>Writing Studies</td>
</tr>
<tr>
<td>Erika Pinsker, PhD</td>
<td>Medicine</td>
</tr>
<tr>
<td>Asha Lal Tamang, PhD</td>
<td>Food Science and Nutrition</td>
</tr>
<tr>
<td>Jennifer Vencill, PhD</td>
<td>Program in Human Sexuality, Family Medicine and Community Health</td>
</tr>
<tr>
<td>Heather Zierhut, PhD, MS</td>
<td>Genetics, Cell Biology, and Development / Genetic Counseling Program</td>
</tr>
</tbody>
</table>
2016 marked the end of the five-year Cancer-Related Health Disparities Education and Career Development Program funded by an R25 NIH grant mechanism. The leadership team proposed and were awarded a similar training program through the T32 mechanism which started in 2016. The award also will fund opportunities for pre- and postdoc trainees that will begin in 2017; be on the lookout for new, bright scholars to join our team!

Community Dialogue Series

Enhancing the Community’s Ability to Address Health Disparities Through Existing Resources and Community Assets
Speaker: Kola Okuyemi, MD, MPH
Hosted by Minnesota Black Nurses Association
Center for Changing Lives
November 12, 2016

Clipper Clinic

Clipper Clinic provides quality healthcare in a comfortable and trusted event. Each Clipper Clinic is conducted in, and partnered with a local barbershop or beauty salon. In 2016, Clipper Clinic merged with Clippers n’ Curls. At each event, free preventive health care services are provided for anyone in the community.

Mason’s
January 30, 2016
2016-2017 Pilot Grants on Health Disparities

Evaluation of the Use and Prevalence of Dual Tobacco and Shisha Smoking Among Somali Women: A Community-Based Participatory Research
Researchers: Olamide Ojo-Fati, University of Minnesota
Fartun Weli, Isuroon

MN Quality Measurement Enhancement Project (QMEP)
Researchers: David Satin, University of Minnesota
Michael Scandrett, MN Safety Net Coalition

Building Participatory Dissemination Tools for Latino Youth Smoking Prevention Study
Researchers: Michele Allen, University of Minnesota
Veronica Svetaz, Áquí Para Ti

Community Member and Trainee Travel Awards

The Travel Awards offers community members and trainees an opportunity to attend regional or national health disparities-related conferences. These awards focus on projects and research relating to health disparities studies by University of Minnesota employees and non-University community members.

Brenna Greenfield
American Psychological Association Collaborative Perspectives on Addiction Conference
March 18 - 19, 2016

Joy Rivera
World Indigenous Cancer Conference
April 12 - 14, 2016
Volunteer Activities

Annual Volunteer Event

Each year, PHDR members dedicate part of a day to volunteer at a local community organization. This year, the group made a trip to Cookie Cart in North Minneapolis to scoop dough and share their career experiences with teens. Cookie Cart is a nonprofit organization that provides job experience, job readiness training, and lifetime skills to teens through working at the bakery and providing career exploration and planning resources.