Some Other Problems That Come From Smoking

Smoking even a few cigarettes a day does damage. Cigarettes are a major cause of heart attacks, and they can also damage the blood vessels. Smoking can lead to strokes and emphysema. **Smoking can cause cancers of the lungs, throat, mouth, bladder, cervix, stomach, and kidney.**

Women face special risks from smoking. More Black women today get lung cancer than get breast cancer. Smoking causes problems during pregnancy. A baby that is born to a smoker may be sickly or even die. Black men are 50% more likely to get lung cancer than White men.

### Leading Causes of Death for African Americans

Each year, more Black Americans die from diseases caused by smoking than from murders, AIDS, drug and alcohol abuse, and car crashes put together.

<table>
<thead>
<tr>
<th>Number of Deaths</th>
<th>Smoking-Related Diseases</th>
<th>Murder</th>
<th>Car Crashes</th>
<th>Drug and Alcohol Abuse</th>
<th>AIDS</th>
</tr>
</thead>
<tbody>
<tr>
<td>47,300</td>
<td>8,000</td>
<td>5,000</td>
<td>6,000</td>
<td>8,000</td>
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False Friends

Over the years, tobacco companies have given money to support Black music, sports, theater, dance programs, and art shows. But the money that they give away is much less than the money they make from selling cigarettes to Black people. In fact, the money that African American smokers spend on cigarettes in a single day could send more than 2,500 Black students to college for an entire year.

Your Cigarette Money Could Buy...

In ONE WEEK, you could save enough money to pay for any of the following:
- Two CDs
- Manicure and pedicure
- Full tank of gas for your car
- Cell phone bill
- Ticket to a sporting event

In TWENTY YEARS, you would have enough for:
- Down payment on a house
- Latest sports car

Cost of cigarettes including tax:
- $3 per pack x 5 packs a week = $780 a year
- $5 per pack x 5 packs a week = $1,300 a year
- $7 per pack x 5 packs a week = $1,820 a year

“If we just count the number of people it kills, tobacco is the number one health problem facing the Black community.”