



Supporting Early Child Care Food and Activity Environments in MN

Principle Investigator:

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Study Goal

- ❖ Add **momentum** to the statewide health and wellness movement by supporting healthy food and activity environments in MN child care settings.

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 - Assess childcare providers' **strengths and needs** with regards to the promotion of health and wellness in childcare settings.

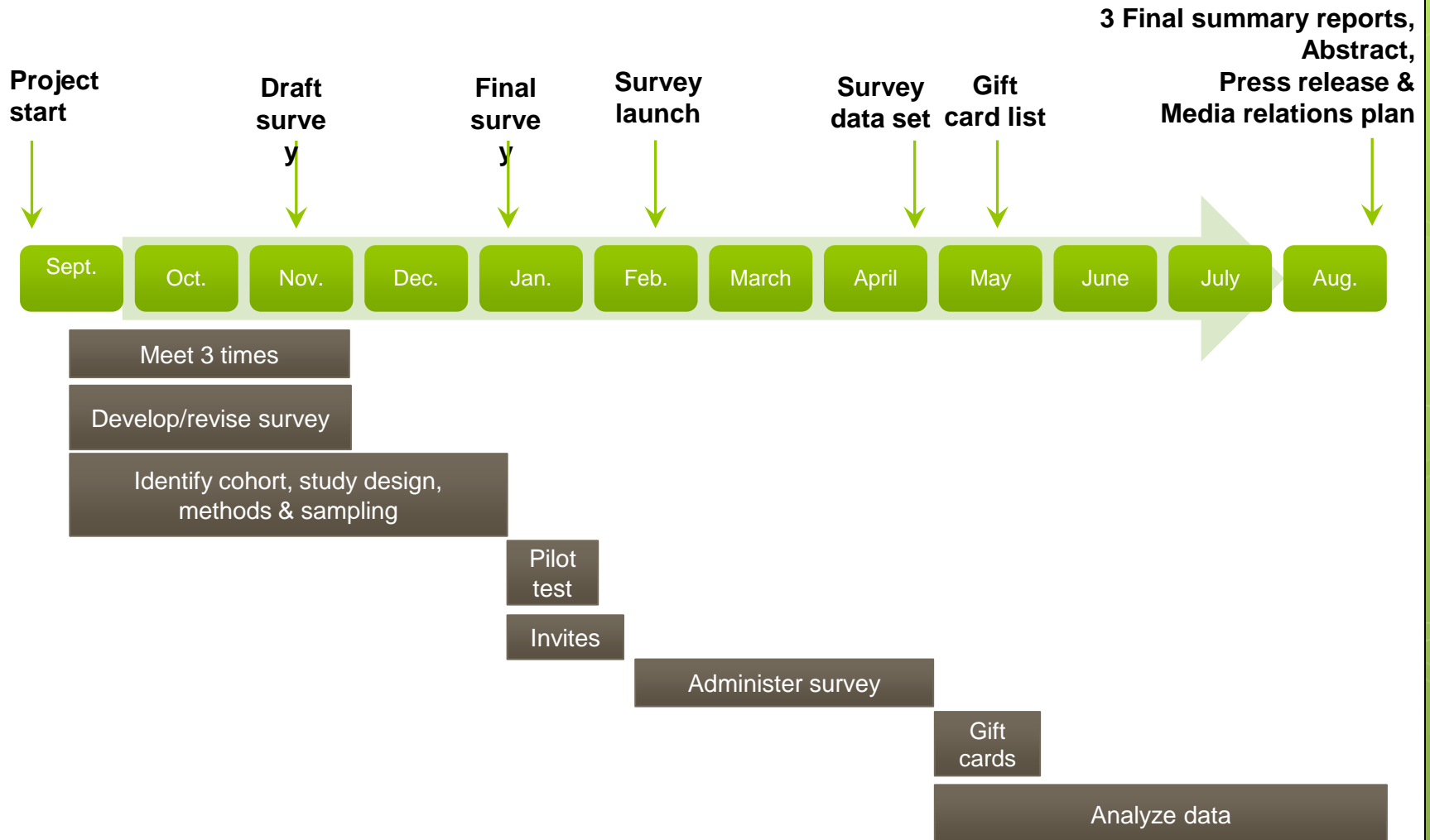
Original 2010 Survey

- ❖ MN and WI providers
- ❖ 2-5 year olds
- ❖ Topics include:
 - Nutrition practices & barriers
 - Physical activity practices & barriers
 - Training needs
 - Communication with parents
 - Provider's own beliefs about child development
 - General questions about program
 - Personal questions about provider
- ❖ Results = opportunity for growth

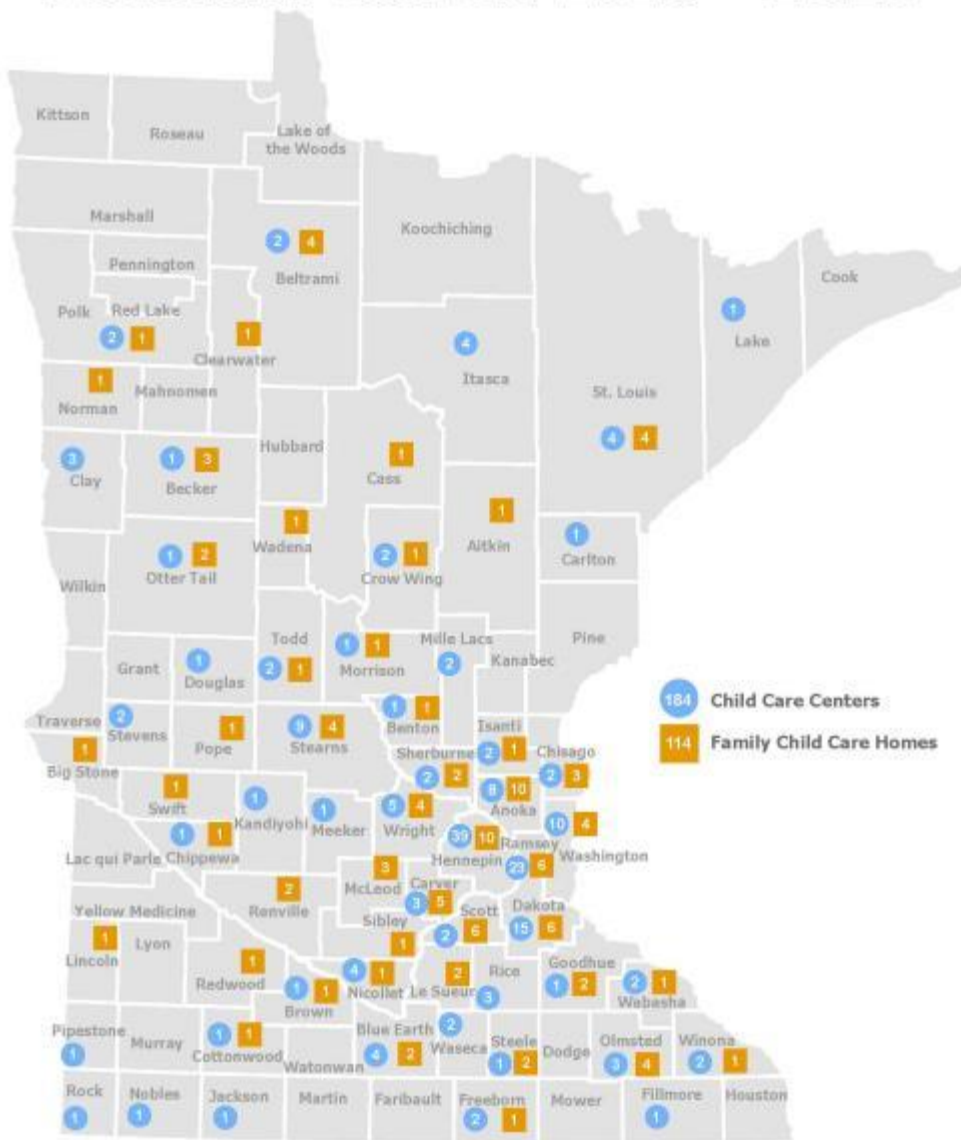
2016 Survey additions

- ❖ MN providers
- ❖ Infants
- ❖ Update
 - Best practices
 - Training needs
 - Business-model
- ❖ Food costs
- ❖ Family SES
- ❖ Child Health outcomes
- ❖ Linking to databases

2015-2016 Project Timeline



Potential Cohort 2010- 2015



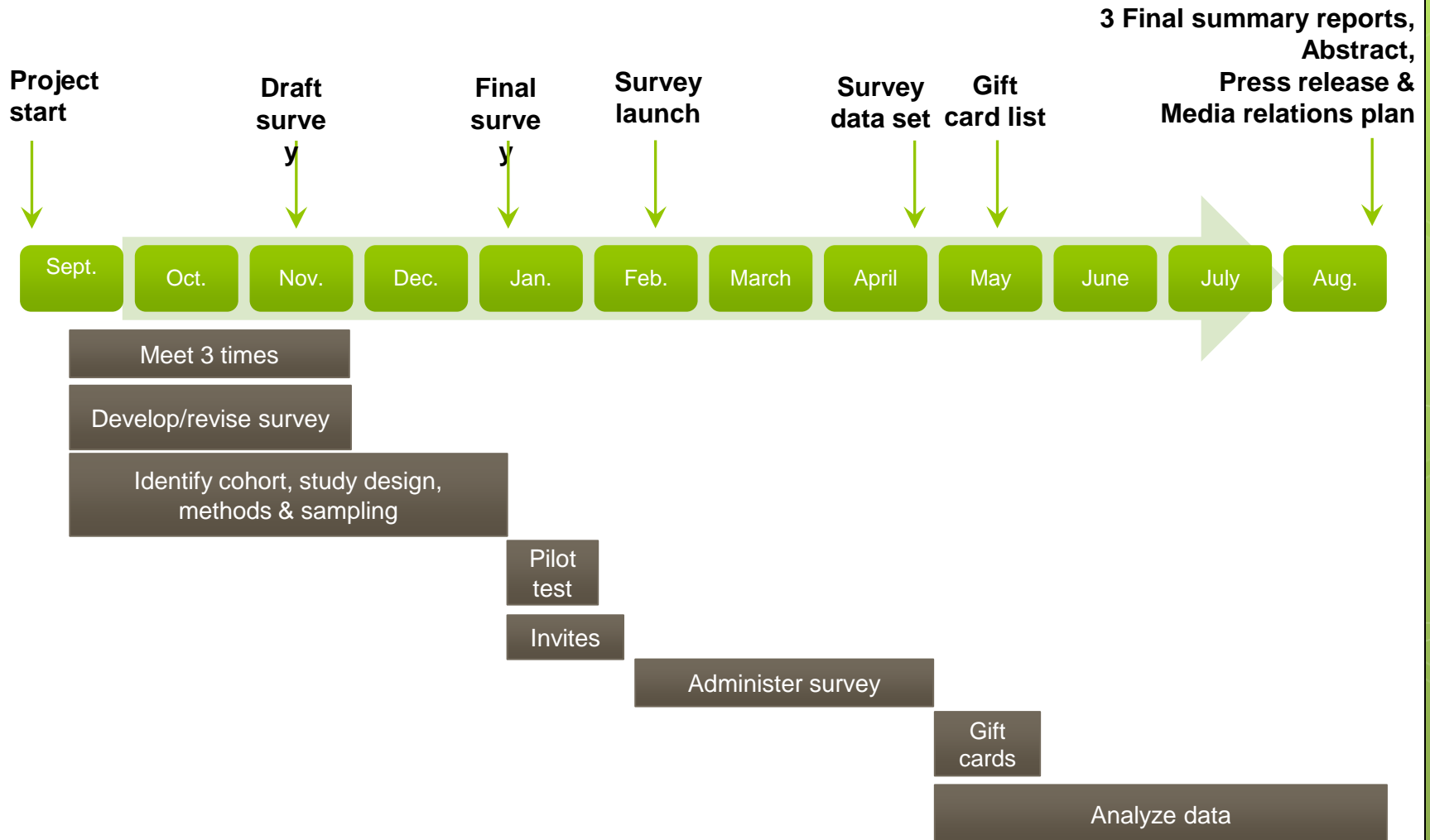
Repeat Survey with 2010 Providers

- 114 Family Home
- 184 Centers

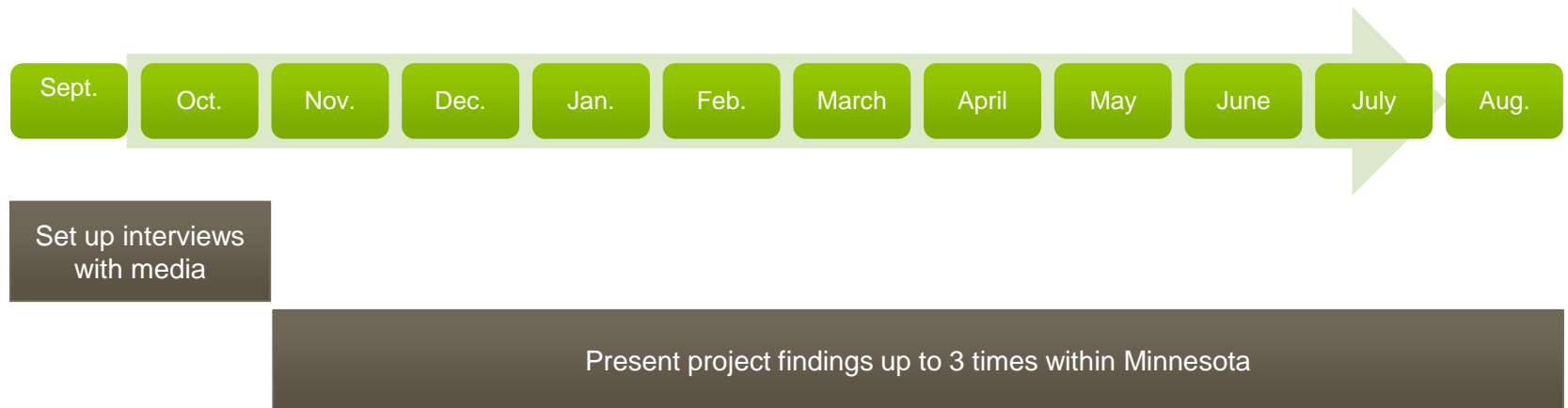
An Additional Random Sample

- ~200 others

2015-2016 Project Timeline



2016-2017 Project Timeline





Questions?